

HOLMES COMMUNITY COLLEGE
COURSE SYLLABUS
Revised 11-16-16

AMR 111(2-3)

Foundations of Officership Lecture & Lab

2-3 CREDIT
HOURS

I. Catalog Description:

AMR 111(2-3) – Foundations of Officership Lecture & Lab. Introduction to the personal challenges and competencies which are critical for effective leadership in the Armed Forces. Students will examine the role of leadership, officership, and the Army profession as well as develop life skills such as goal settings, time management, physical fitness, and stress management. The focus is on developing basic knowledge and comprehension of Army leadership dimensions. Includes a leadership lab and physical training. Two to three lectures. One hour laboratory. Two to three hours credit.

II. Student Learning Outcomes:

Upon completion of the course, the student will be able to:

- A.** Describe the relationship between leader character and competence
- B.** Identify the leader attributes and core leader competencies of the Army Leadership Requirements Model
- C.** Define standards for the Army Physical Fitness Test (APFT)
- D.** Write short-term and long-term goals and a personal plan to prepare for APFT
- E.** Define the basic elements of time and stress management
- F.** Identify benefits of resiliency awareness in an overall personal fitness program
- G.** Explain the Warrior Ethos
- H.** List and define the seven Army values
- I.** Explain the importance of being a model citizen as an Army officer
- J.** React to passing colors, National music, and approaching officers
- K.** Describe basic heritage elements (salute, flags, rank structure, and uniforms)
- L.** Understand the impact of Cultural Understanding and Language Proficiency (CULP) on leader development
- M.** Work effectively in teams with fellow Cadets

III. Methods of Evaluation:

Evaluation and Grading:

Class Participation	10%
PT Attendance	10%
Time Management Assignment	10%
Mid-Term Exam	20%
Research Paper/ Presentation	20%
Nformd.net Training	10%
Final Exam	20%

Class participation: Students are expected to participate actively in learning through critical reflection, inquiry, dialogue, and group interactions. This includes participating in class discussion, sharing personal perspectives and experiences related to principles discussed in class or reading, and working with fellow students to engage in class and lab exercises.

Quizzes: The class is interactive and uses homework and in-class assignments to evaluate learning. Quizzes are used at the Instructor's discretion.

Grading Scale:

A	90 – 100
B	80 – 89
C	70 – 79
D	60 – 69
F	Below 60

IV. Resources:

In addition to reading assignments, students will have three key homework assignments that are graded.

- 1) Time Management – Due during class on 4 Oct 10, students will maintain a log of their time for five days and bring it to class. Students must create a ‘semester assignment’ calendar and write two academic and physical fitness goals. After the lesson, students will use a log to track their time for the next three weeks. Students are required to identify priorities and write an essay summarizing how effectively they are managing their time.
- 2) Written Assignment – 4-6 page research paper on a Historic U.S. Military Leaders, and a 5-7 min power point briefing with media. Papers will be due no later than 6 Nov 14 and power point briefing must be ready to be briefed by 20 Nov 14.
- 3) Nformd.net Training – To introduce Cadet’s to the Army Sexual Assault Prevention and Response (SAPR) Program, HQDA G-1 has mandated that all ROTC Cadets must complete the nformd.net training modules prior to commissioning. The training will be completed as self-paced homework and consists of a pre-test, training modules, and post test. Cadet progress through the training modules will be the only information that can be tracked by cadre. The modules are a series of scenario based video vignettes that allow the Cadet to analyze the situation, make a decision, and see what the outcome is based on that decision to better prepare the Cadet in understanding the Army’s SAPR Program.
<http://srotc.nformd.net/sexualassault/ulogin/>

The official mode of communication at Holmes Community College is via email through the Student Portal. Students are responsible for checking their Holmes email for announcements, assignments, etc.

V. Laboratory Topics:

Nformd.net Training

VI. Class Policies and Procedures:

To be determined by individual instructors in keeping with the *Policy and Procedures Guide* and *Bulletin* of Holmes Community College.

ADA Policy

Holmes Community College students with documented disabilities that qualify under the Americans with Disabilities Act (ADA) may apply for services with the Office of Disability Support Services or the CTE Student Services Coordinator to determine eligibility for educational accommodations. Disabilities covered by the ADA may include, but are not limited to, learning, psychiatric, physical disabilities and/or chronic health disorder(s). Students must request accommodations each semester they are in attendance. For names and/or further assistance, contact a counselor or discuss this with your instructor.